

Cabinet Creations

Black Walnut Fungal Salve

• Antifungal • Purifying • Protective

Prep:

- 10 minutes

Shelf life:

- 6-12 months

Ingredients:

- ½ cup black walnut hull-wormwood infused oil
 - 2 Tbsp beeswax pellets
 - 15 drops oregano essential oil
 - 10 drops tea tree essential oil
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Method:

- Gently melt infused oil and beeswax together.
- Remove from heat.
- Stir in essential oils.
- Pour into a jar and let it set.

Use:

- Apply a thin layer to clean, dry skin, feet, or nails 1-2 times daily.
 - External use only. Avoid broken skin and sensitive areas.
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Apothecary Notes:

- Black Walnut Hull - Traditionally used to discourage fungal overgrowth
- Wormwood - Historically regarded as inhospitable to fungal conditions
- Oregano Essential Oil - Strong, warming antifungal
- Tea Tree Essential Oil - Broad-spectrum antimicrobial
- For persistent issues, consistency and dryness are key
- Works best when paired with proper hygiene and breathable footwear