

Cabinet Creations

Wintermint Toothpaste

• Cleansing • Gentle • Non-hardening

Prep:

- 5-10 minutes

Shelf life:

- 6-12 months

Ingredients:

- 2 tbsp liquid oil (grapeseed, almond, or fractionated coconut)
 - 1 tbsp vegetable glycerin
 - 2-3 tbsp calcium carbonate or baking soda
 - 10-15 drops (total) peppermint, spearmint and/or tea tree essential oil
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Method:

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Use:

- Scoop a small amount onto your toothbrush.
 - Keep water out of the jar.
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Apothecary Notes:

- Calcium Carbonate – A gentle mineral cleanser that softly polishes while absorbing excess oils.
- Peppermint – Cooling and refreshing, with natural antibacterial support.
- Tea Tree – Clarifying and antibacterial, traditionally used to support clean, balanced skin.