

# Cabinet Creations

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## Witch Hazel Toner

• Skin Tightening • Clarifying • Balancing

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### Prep:

- 20 minutes

### Shelf life:

- 3-6 months (stored in a cool, dark place or refrigerator)

### Ingredients:

- 1 cup distilled water
- 2 Tbsp dried witch hazel bark (or leaves/twigs)
- 1 Tbsp vegetable glycerin (optional, for added humectant support)

### Method:

- Bring distilled water to a gentle simmer.
- Add dried witch hazel bark, reduce heat, and allow to decoct covered for 15-20 minutes.
- Remove from heat and let steep an additional 10 minutes.
- Strain thoroughly through fine mesh or cloth.
- Allow liquid to cool completely.
- Stir in glycerin and essential oil, if using.
- Pour into a clean glass bottle and refrigerate.

**Use:** Apply to clean skin using a cotton pad or fine mist bottle once or twice daily.

**External use only.** Shake gently before each use.

### Apothecary Notes:

- Witch Hazel - traditional astringent, tones and firms tissue
- Glycerin - humectant support for moisture balance